



Phoenix Is Rising

(sung to the tune of *I Feel It Coming* by the weeknd)

I'll tell you about yesterday
Lady Phoenix really came to play
Cathedral tried to get in our way
But we possessed all day

Fiona had a breakaway
When Nailah set up the play
That was our first goal
Only minutes into the game

Then Ellie Cotton scored goal two off of Kerry's pass
Fiona had another when Maria made the dash
Katherine had goal four when Sophia set her up
And Molly Wheel shot hers on point from a long-range blast

Girls Soccer won it, they really wanted it
They played so stunning, must be from all the running
Boys Soccer won, too, wins must be trending
Volleyball crushed it, their wins are unending

SJP v Cathedral, 5-0 (Sept. 13, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Get Our Fill

(sung to the tune of *Feel It Still* by Portugal. The Man)

Can't keep the news to myself
Friday at the soccer game, just before the rain was dealt
The Girls played Mount Alvernia
And we beat them down at Smith Field

Ooh woo, Ellie Cotton's goal was sick, yeah
Her second goal was even better and did the trick, yeah
Gotta really thank, our strong defense!
(They played tough all game long)

Ooh woo, Boys' Soccer really stood tall
to lose one nothing on a sketchy offsides call
But they're coming back
I can feel it still

Ooh woo, Volleyball's on a winning streak
Three in a row, and they haven't even sorta peaked
Football's playing hard
Congrats on the JV win!

And Cross Country will compete this week!

The Phoenix is rising up...

SJP v Mt. Alvernia, 2 - 0 (Sept. 15, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Winning Just Like This

(sung to the tune of *Something Just Like This* by Coldplay/The Chainsmokers)

It was just a day ago
When the girls played down at Smith
We matched up with Maimo
And we played without a list

We should have scored a goal
Every time we missed
I told the girls, "take hold!"
And they thought I was pissed

Ellie finally scored a goal
Off of Molly's grand assist
It was the only one by halftime
And we needed more of this

In the next half we were bold
Playing better, taking risks
That's when Fiona scored the next one
Off another Molly assist

And just before the field grew cold
With a final whistle kiss
Fiona buried our last tally
When Nailah passed for the assist

We need to keep winning like this
Dee-dee-dee, dee-dee-dee-defense!
Dee-dee-dee,
Our defense really is our gift!
Doo...
Now let's just keep winning like this!

SJP v Maimonides, 3 - 0 (Sept. 28, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Nothing Holding Us Back

(sung to the tune of *There's Nothing Holding Me Back* by Shawn Mendes)

If you've been following so far
You've seen girls soccer has been struggling
But they're about to take control
'Cause now we're 4 and 4, and rising

At Mount Alvernia, where we played last weekend
Our JV won 4-2 and they were amazing
at their homecoming, yeah

Oh, and then the Varsity
took control like crazy
They left their inhibitions
Our offense went on the attack
Goals by Fi and Ellie
And Kerry, also Molly
Our defense made MA lazy
Man, there's nothing holding us back

And Boys Soccer had a draw against Lowell Catholic
But beat Cristo Rey, and they're 2-3-and 1

And then the Golf team's out there swinging every day
not quite making par, but at least that they beat Cambridge

And then there's Cross Country who's running way too far
But they have stamina to really go the distance

And the Football team who really grind it out
Worked so hard v Marian, but just fell short on Friday

And then there's Volleyball, who beat Maimo and Marian
Including JV squad, who also won on Saturday

Our Phoenix is rising up!

SJP v Mt. Alvernia, 4 - 1; JV 4 - 2 (Sept. 30, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Hands Down

(sung to the tune of *Hands Clap* by Fitz and the Tantrums)

On tuesday afternoon, the girls' soccer team played a game at HOME
The sun was shining, but it took time... to move the goals
But once it started, girls worked harder... and they took control
They wanted goals, they were determined... to win the ball

Naomi scored twice, both times fed by Fiona
Ellie, Fiona & Isabella, all assisted by Nailah
Kerry with another who was passed the ball from Ellie
One more assist for Fi for a goal by Sophia

'Cause now you truly know
Girls' Soccer beat Cathedral (clap, clap, clap, clap, clap)
They beat them 7 - zero (clap, clap, clap, clap, clap)

Even Boys' soccer played a game that day
They played the same team, but it was AWAY
Scoring goals early, they shot as they may
They won four - nothing, guess they came to play

And Volleyball played on Tuesday, too
Beating Maimo seemed like the thing to do
They're getting close to making states real soon

All Phoenix teams are rising! (clap, clap, clap, clap, clap)

SJP v Cathedral, 7 - 0 (Oct. 10, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Painful Not Scarring

(sung to the tune of *Sorry Not Sorry* by Demi Lovato)

We went out there looking for revenge
first game was a draw, so we went to Framingham
And yeah, we know on the road is tough
But we played like we got all the stuff (wanna win it)

Now, we played well right from the start
Our defense was determined to hold on to their marks
And yeah, our offense played real fast with speed
And Ellie scored just before the half (she can finish)

Our defense was the baddest
They held firm in the madness
And Ellie is a savage
She scored two, she scored three (ah)
And with her hat trick we secured it and we left on top (ah)

Marian, we're sorry (not sorry)
Losing is painful (but not scarring)
Don't feel so bad cuz our team did so good
Our girls all showed up, and I knew that they would
And our boys won on Monday (against Marian)
Volleyball is climbing (and they'll get there)
Our teams are on fire, it's the best kind of burn
The Phoenix is rising as for states we all yearn

SJP v Marian, 3 - 0 (Oct. 17, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

7-6-3

(sung to the tune of 1-800-273-8255 by Logic, feat. Alessia Cara & Khalid)

We've been on the hunt
Girls' Soccer games on my mind
They all seem to end in ties
Back of the net, we just can't find
(boys can relate)
But yesterday, whoa
the weather was sublime
Girls played out of their minds
And everyone got some time

Our states dream's still alive
We scored seven times
And we gave up none that game
Girls had fun that day
One more win to make
And we'll get to states
See what tomorrow brings
And yet again, I'll sing

Seven.
It was Ellie from Fiona, then Fiona from Ellie
Camille took it from her sister, and then Naomi fed Fiona
A hat trick for Fi, from Nailah, you see
And then Allie from Annie, with a hunt for the 7th
Then Nailah finally scored which must have felt like heaven
off a pass from Keady and we were all set!

Our states dream is still alive...

SJP v Cristo Rey Boston, 7 - 0 (Oct. 23, 2017)

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Our Strong D

(sung to the tune of *It Ain't Me* by Selena Gomez)

The girls had a game
To advance in states was their aim
but we barely found the frame
In the first half
Just as often as we tried
We kept getting called offsides
Though our forwards tried to hide
Minuteman kept pulling up

Now you gotta know
Just before half we scored a goal
By Molly from Fiona
and it set the tone

And then Fiona scored a breakaway from Camille (C, G, D)
And Ellie Cotton scored our third off a feed from Fi (C, G, D)
Then Fiona scored two more, first from Allie, then from Molly (C, G, D, Em)
And Naomi scored the last, we won the game (C, G, D)
With our strong D

Girls Volleyball ended with a winning season
They made the show, but Ipswich proved too tough to beat
And though the Golf team had enough, Andrew Stefura had the stuff
to shoot a 79 and finish top 10 in the League

And Phoenix football turned around the past few weeks
With two shut-outs, they're on a two-game winning streak
Cross Country met recently, in the league championship meet
where they beat Marian, Matignon and our arch-nemesis, LC

And now the girls play in the Quarterfinals today
At Roberts Field, in Dorchester, yes that's away
We could use your support and more, the game will begin at four
So come on down and cheer on the Phoenix as they play
And we'll win, you'll see!

SJP v Minuteman Tech, 6 - 0 (Nov. 3, 2017), D4 North 1st round, MIAA State Tournament

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

The Way We Like

(sung to the tune of *That's What I Like* by Bruno Mars)

We played soccer in Dorchester
To decide who's better
Tech Boston tried to get it
I told the Phoenix, "don't let 'em!"
So knock the ball around
Possess it for me
They tried to stop us making goals
When Molly popped it in

And then Molly scored another
Made it smooth like butter
Our offense kept attacking
The refs seemed so distracted
When Naomi scored our third
off a pass from Molly
Our defense held them off
So impressively

Jump to the second half, skipping how they got one in
We kept the ball on their half, just about the whole time
We kept shooting better, we kept shooting, awww...
So close so many times...

Then Molly finally scored her
First hat trick off Hannah's serve

It wasn't lucky, it was skill, it was skill
Determination and sheer will, she plays so ill

Semifinal game Wednesday night
Six years and we've been here thrice

Let's play the game the way we like, the way we like
Let's light it up tomorrow night, tomorrow night!

SJP v Tech Boston, 4 - 1 (Nov. 6, 2017), D4 North Quarterfinals, MIAA State Tournament

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

Heels

(sung to the tune of *Feels* by Calvin Harris)

Hey!

Not nothing ever last forever, no
But this storied season just seems to go and go
So, let's respect our Lady Phoenix glow
They need a moment to recover from their effort, I know

In the grind of the game, just last night
against Winthrop, they tried to steal it from you
But we defined the pace and tempo
our girls were killin' it
And Ellie did what she do

We kept them on their heels
Winning last night one - nil
The Semifinal game was a thrill
Ladies, I know you were colder than chilled
But you were hot with your feet!

Now on sunday we'll play in the show
Amesbury took it last year, we know
But our girls are ready to go
And we'll tell Amesbury, "no!"
You will see no repeat!

SJP v Winthrop, (Nov. 8, 2017), D4 North Semifinals, MIAA State Tournament

www.saintjosephprep.org/athletics/teams/sjp-girls-soccer

2017 Varsity Stats

Kyasha Ambroise*†
Sophia Belarmino
Allison Burke*† (1 goal, 1 assist)
Ellen Cotton (13 goals, 4 assists)
Jessica Daher*†
Shannon Daly (10 shut-outs)
Maria DiFelice*† (10 shut-outs)
Caroline DiPalma*
Katherine Honan
Maria Ibrahim*† (1 assist)
Fiona Keady*† (1 assist)
★Nailah Khoory*† (1 goal, 7 assists)
Beranda Marseille (2 goals)
Anne McElroy*†§ (1 assist)
Kerry McMullan† (2 goals, 3 assists)
Felicia Monteiro*†
Alyssa Moreira*†
Kate Nee
Sophia Pappas*† (2 goals, 1 assist)
★Hannah Sansone*† (1 goal, 1 assist)
Erica Shamshak (2 assists)
Jessica Sitcawich†
Isabella Spinelli*† (2 assists)
Katherine Swenson*† (1 goal, 1 assist)
Camille Taylor*†§ (1 goal, 1 assist)
Naomi Taylor* (4 goals, 3 assists)
Wilma Tec-May*†
Fiona Thompson*†§ (17 goals, 11 assists)
Teresa Varadan*†
Molly Wheel*† (8 goals, 11 assists)

Overall Record: 11 - 8 - 3; CCL Record: 5 - 5 - 2 (4th Place in the CCL);
Home Record: 4 - 3 - 2; Away Record: 7 - 5 - 1

Advanced to D4 North Finals, MIAA State Tournament
third time in school history for an athletic team to advance to Semifinals,
first time to make it to the finals (all cases: Girls' Soccer Team)

*Honor Roll, 1st Quarter

†Saint Joseph The Worker Award, 1st Quarter

§CCL All Star

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